The Catholic Parishes of Crawford County

March 1st & 2nd, 2025

8TH SUNDAY IN ORDINARY TIME



Don't be judgmental

"Can a blind person guide a blind person?" Why do you notice the splinter in your brother's eye, but you do not perceive the wooden beam in your own?"

Luke 6:39-45

Mass Schedules:

Holv Cross

Saturday 6:00 p.m. **Sunday 8:00 a.m**. & 10:00 a.m. Tuesday 8:30 a.m. Wednesday 8:30 a.m. Friday 8:00 a.m. Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m. Thursday 8:00 a.m.

St. Michael

Surcanceigen o a.m.

Ticangelled: 30 a.m.

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.

Phone: (573) 885-3520 Fax: (573) 885-3501 Address: 415 W. School Ave., Cuba, MO 65453

Email: hccccuba@gmail.com Web: holycrosscubamo.org

Fr. Anthony (Tony) Onveihe: (573) 462-6522

aonyeihe@diojeffcity.org

S. Karen Thein SSND: (507) 514-3226 **Deacon Chad Lewis:** (573) 885-3520

Holy Cross School Office: Phone: (573) 885-4727

Email: holycrossschoolcuba@gmail.com

Website: www.hcschoolcuba.org Principal, Melinda Osentoski:

holycross.osentoski@gmail.com

School Advisory Members:

Aminta Abdinova	Mike Kempf	
Alan Collins	Christy Moreland	
	Kathy Royal	

Parish Council Members:

T WITEH COMMENT INTO THE				
Jim Bathe	Mike Kempf			
Jerry Dubbelde	RuthAnn Kuethe			
Alice Engelbrecht	Esli Navarro			
Joe Howdeshell	Diane McCameron			
Don Hudson	Ruth Woodson			
Vicky Dunakey	Kayla Korte			
•				

Finance Council Members:

Larry Howdeshell	Donna Conduitt
Teresa Leicht	

Bishop McKnight's Monthly Prayer Intention:

"For mutual respect of the unique roles and responsibilities we are given as members of the Body of Christ. May we recognize and draw strength from the distinctive gifts God has given each of us with a spirit of co-responsibility. We pray to the Lord."

March 5 - Ash Wednesday

March 6 - Fish Fry set up at 3:30 p.m.

- Finance Council Meeting at 6:30 p.m. March 6

- First Fish Fry from 4:30 - 6:30 p.m. March 7

- Rite of Sending - Rite of Election (at 10 a.m. Mass) March 9

- First Reconciliation at 10 a.m. ** Notice the Change March 22

March 23 - Lenten Communal Penance Service at 3 p.m.

- Palm Sunday - beginning of Holy Week April 13

April 17-19 - Holy Triduum

April 20 - Easter Sunday

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 3/3 - 3/9, 2025

- 4 H.C. Tues. 8:30 p.m. No intention requested
- 5 H.C. Wed. 8:30 a.m. Angelina Thompson ₽
- 5 H.C. Wed. 5:30 p.m. Eugene Brewer ₽
- St.F. Thurs. 8:00 a.m. No intention requested
- 7 H.C. Fri. 8:00 a.m. No intention requested
- 8 St.F. Sat. 4:00 p.m. People of the parish
- 8 H.C. Sat. 6:00 p.m. Charles Hillyer ₽
- 9 H.C. Sun. 8:00 a.m. Restoration of St. Michael
- 9 H.C. Sun. 10:00 a.m. Marlene Karns ₽

Parish Collections: February 22 & 23, 2025						
Parish	Envelopes		Loose		Total	
Holy Cross	\$3,181.00	+	\$469.00	=	\$3,650.00	
St. Michael	\$685.00	+	\$129.00	=	\$814.00	
St. Francis	\$180.00	+	\$150.00	=	\$330.00	



Joann Mullen, Eugene Kempf, Charlotte Vavra, Helen Mattox, Suzy Hutchins, Lona Pogue, Janet Lyons, Catherine DeClue, Julie

Coster, Joyce, Joe Kuenz, Cayden Richards, Mariana Weber, Don and Kaye Robertson, Dustin Drennan, Yazmin Viramontes, Carolyn Horsefield, James Happle Sr., Sandy Mowry, Aiden Leos, James Ray



Classes are Wednesdays 5:30 – 6:30 p.m.

March 5 (Mass)

March 12

March 19

NO Class March 26

Please Notice the posters of the children preparing for their First Holy Communion. The posters are in each parish and at the school! Please pray for them as they continue on their Faith journey.

OCIA (Order of Christian Initiation for Adults):

The OCIA sessions in February are:

March 2 March 9

March 16

March 23

NO Class March 30

The pictures and names of the candidates for the Order of Christian Initiation of Adults are up at the parishes. The



candidates and their sponsors will 'be sent' by the parish on Sunday, March 9rd during the 10:00 a.m. Mass for the Rite of Sending. They will participate in the Rite of Election, that will

take place at the Cathedral, where Bishop Shawn McKnight will meet the candidates. Please pray for them as they continue their journey into being fully initiated in the Catholic Church.

Adoration: Every Wednesday



Adoration is every Wednesday after Mass to 3 p.m. There are weekly sign-up sheets at Holy Cross. You can sign up online at Ministry Scheduler Pro.

What hour can you be before the Blessed Sacrament?

Jubilee Year of Hope 2025

The Church prepares to celebrate the 2025th anniversary



of Christ's Incarnation with the theme "Pilgrims of Hope." This holy year invites us to deepen our faith, strengthen our relationships, and share Christian hope. Marked every 25 years, the Jubilee offers grace-filled opportunities through

Masses, pilgrimages, and spiritual events. The Diocese of Jefferson City is actively preparing, to learn more about upcoming events and how you can participate, visit the Diocese's Jubilee webpage: diojeffcity.org/jubilee-year

© Lenten Fish Fry **THIS FRIDAY ©**:

The Lenten Fish Fries are every Friday from March 7th through April 11th.

€ Time: 4:30 − 6:30 p.m.

Menu: Fried Fish, Fried Shrimp, Baked Fish, French Fries, Coleslaw, Green Beans, Mac & Cheese, Applesauce, Drinks & Homemade Desserts.

Cost:

- \$15 for adults
- \$13 for carry-outs
- \$5 for children (ages 6-10)
- Free for children 5 and under

• Volunteer Sign-Up sheets: ARE IN ENTRANCE WAY OF THE PARISHES.

- This year people will sign up for a day, not a specific position! Just check in with Norma Walls when you arrive, and she'll direct you where help is needed.
- If you'd like to work in the Fry Shack, please see Rocky Radcliff or call the office.

Table Setup: March 6th at 3:30 p.m.

Desserts Needed! Please bring a dessert each Friday to help make our Fish Fry a success.

Prayers and Sympathy:



Please pray for the family of Nancy Skiles, whose sister, Theresa "O'Hara passed away on January 16. May she rest in peace.

The Beatitudes Small Group:



Explore the Beatitudes in your own life through a guided 4-week faith sharing program. Join a group, or start your own! Text or call Teresa Leicht 573-205-5259.

First Reconciliation – Date Change:



Due to weather and missed classes First Reconciliation will be on **Saturday, March 22nd at 10 a.m.** Pray for the children, their parents and all their catechists especially Maureen Sarles and Sandra Oregel (their current Catechists). First Holy Communion is scheduled for May 11th, Good Shepherd Sunday!

brother-in-laws funeral, Jerry Welter, and her niece's burial Sue Thein from Match 5th – March 10th. Prayers for her and her family during this difficult time. Safe travels to Sister Karen as she travels home to Minnesota.



William H. (Bill) Simon and John L. Warack College Scholarships' applications are available on-line. They must be completed by March 26th. Please visit our diocese website: www.diojeffcity.org/scholarships for the application and complete details.

Cuba Knights of Columbus Scholarships

The Knights of Columbus Scholarships are available.

Applications are at the entrance ways of the churches. Applications MUST be returned by April 15th. Mail the finished application to the Knights of Columbus or bring to the parish office.

Lenten Mission – Washington MO



March 16th all are invited to attend the Lenten Mission at the St. Gertrude Parish Center from 1 -4 p.m. located at 6535 HWY YY in Washington MO. The Lenten Mission features Tony Melendez. Tony Melendez played for Pope John Paul II and has traveled all over the world sharing a message of hope, encouragement, and faith though music and life stories.

Summer Missionaries:



The Diocese is in the recruitment stage for summer missionary staff and they are asking for your help! They are looking for young adults who have the gift of sharing Faith with others; and would thrive in a Catholic community focused on growing

in relationship with God. Each summer they hire at least 24 young adults to serve as Totus Tuus Missionaries and Camp Staff. For more information and for the application please go to: www.diojeffcity.org/summer-missionaries



REMEMBER:

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence from meat.





In addition, Fridays during Lent are obligatory days of abstinence from meat.

From the Gospel Reading - Luke 6: 39-45:

Jesus said to his disciples:

"A good person out of the store of goodness in their heart produces good,

but an evil person, out of a store of evil, produces evil." Reflection:

Jesus calls our attention to the quality of our hearts. Just as we tend to our physical well-being, so too, we examine regularly the condition of our spiritual hearts. Our hearts need constant vigilance and tending to keep them focused on and producing the good works Jesus has called us to do. So, we ask ourselves:

- Do we nourish our hearts with the words of Jesus, to guide them and keep them strong in his service?
- How would you describe the primary focus of your heart?





- · Join us at the Missouri Capitol March 26th to help us "Modify and Clarify" Amendment 3.
- Registration begins at 10:00am followed by a noon rally.
- Plans will be shared to "Modify and Clarify" Amendment 31

American Association of Pro-Life OB-GYN's (AAPLOG)



Susan Bane, MD, PhD, Vice Chair of AAPLOG

Dr. Susan Bane is a 1987 graduate of Atlantic Christian College, now Barton College. She has practiced obstetrics and gynecology for 25 years. She is the founder and CEO of PinkGlasses Consulting, providing health care consulting with a life-affirming vision and is currently the Regional Medical Director for four pregnancy centers in North Carolina. https://aaplog.org/about-us/aaplog-board/

Rebecca Weaver, Director of Advocacy and Policy for AAPLOG Action

Rebecca Weaver earned her bachelor's degree in Economics from Texas

A&M University and her Master's of Public Service and Administration
from the Bush School of Government. She has been with AAPLOG/

AAPLOG Action since June 2024 as the Director of Advocacy and Policy.

https://aaplogaction.org/about-us/



Transportation will be available from many areas of the state.

Contact the Missouri Right to Life State office @ 573.635.5110 for details.

Visit www.missourilife.org for more Action Day information.



Travel with Fr. Alexander Gabriel Pastor of St. Peter Church - Fulton & St. Jude-Thaddeus Church - Mokane on our JUBILEE 2025: Pilgrimage to Italy & Poland

Where: Rome · San Giovanni Rotondo · Assisi · Krakow · Auschwitz · Lagiewniki · Czestochowa Trip Dates: October 26th - November 7th, 2025

Cost: \$5,999.00 - 13 Days - THIS PRICE INCLUDES AIRFARE FROM ANYWHERE IN THE U.S. For more information and the trip Itinerary visit: https://tinyurl.com/4kdy2xs4

> To register, please contact (855) 842-8001 or (508) 340-9370 You can also register online at www.proximotravel.com

> > For any questions or concerns please contact: Proximo Travel LLC PO Box 561 Auburn, MA 01501

Phone: (508) 854-8001 | Fax: (508) 854-8003 Email: office@proximotravel.com | Website: www.proximotravel.com

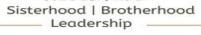






Boys: June 8-12 Girls: June 15-19







Camp Maccabee Camp Siena FOR YOUNG MEN

July 2025



FOR YOUNG WOMEN

July 2025

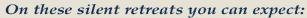
finalized dates for Maccabee and Siena will be announced at end of month **REGISTRATION OPENS JANUARY 31**



DIOJEFFCITY.ORG/YOUTH-CAMPS

PRAYER. SILENCE. LECTIO DIVINA.

ENCOUNTERING CHRIST RETREATS



- Silence and a technology "fast"
- Four conferences given by a monk, intended to lead the retreatant to encounter Christ
- Participation in the Divine Office and Mass with the monastic community
- · Specific times for personal prayer and lectio divina
- Adoration of the Blessed Sacrament and the Sacrament of Reconciliation

MEN'S RETREATS

Jan. 24-26, 2025 July 18-20, 2025 Feb. 21–23, 2025 (full) Aug. 29-31, 2025 May 16-18, 2025 Oct.17-19, 2025 May 30-June 1, 2025 Nov. 21-23, 2025 June 27-29, 2025 Dec.19-21, 2025

Jan. 17-19, 2025 Jan. 31-Feb. 2, 2025 Aug. 22-24, 2025 March 21-23, 2025

May 23-25, 2025 June 20-22, 2025 July 11-13, 2025

Sep. 12-14, 2025 Oct. 31- Nov. 2, 2025 Dec. 12-14, 2025

Pricing: \$250 per person. Retreat costs includes all the meals, a private room, linen and towels, and retreat director fee.

We are located in northwest Missouri: 37174 State Hwy V V | Conception, MO 64433



WOMEN'S RETREATS



MARRIAGE RETREAT



Living in the Trinity with Mary



March 14-15, 2025

CATHEDRAL OF ST. JOSEPH | JEFFERSON CITY, MO

for married couples

Join us for:

- Inspiring talks, prayer experiences and quality reflection time
- Strenghten your relationship and communication skills
- Explore the spirituality of your relationship

Register:

- Cost \$20, food is included
- Scholarships are available

Register by March I receive free childcare during the retreat!

Meet our presenters:

Lisa and Paul Masek are members of Incarnate Word Parish in Chesterfield, MO. They have been married for 35 years, have four adult children, and together they enjoy hiking, traveling, snuggling, and laughing.

Liz and Dominic Lozano are members of incarnate Word Parish in Chesterfield MO. They have been married for 21 years, have two teenage daughters at home and one up in heaven, and enjoy evening walks, playing music together, and just being goofy with each other.



Register now at diojeffcity.org/ marriage-retreat









THE

HEART OF THE BELOVED RETREAT

7-12TH GIRLS **MAR 7-8TH**

\$50 PER

Join us at The Camp Tolton Lodge and Retreat Center for an overnight, faith-filled retreat open to all 7-12th grade young girls. This retreat will focus on our beloved daughterhood in Christ from St John Paul II's Letter to Women. Cost includes dinner, snacks, and brunch.



SCAN OR VISIT
NCMCATHOLIC.DIOJEFCITY.ORG TO REGISTER!

MARCH 14-15

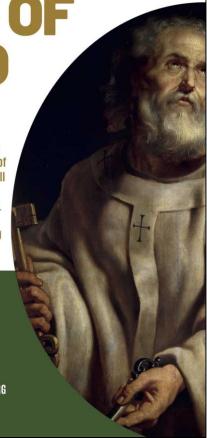
HEART OF A HERO

THE HEROIC LEADER

All boys 7th-12th grades are invited to join us at the Camp Tolton Lodge for part three of the overnight retreat series hosted by Fr Bill Peckman. This retreat will focus on the theological virtues of faith, hope, and love. Retreat begins Friday, March 14th at 5pm. Pickup is Saturday, March 15th at 11AM. \$50 per youth.



SCAN OR VISIT NCMCATHOLIC.DIOJEFCITY.ORG
TO REGISTER!



Save the Date

MidWest March for Life



MISSOURI STATE CAPITOL LAWN

Jefferson City, Missouri

Activities starting at 9:00 a.m. • Rally starting at 10:00 a.m.

March Immediately Following

Lunch Break followed by Holy Mass celebrated at Proto-Cathedral of Saint Peter by Bishop Edward M. Rice

Speakers:

David Bereit — Founder of 40 Days for Life

Christina Bennett — Live Action

Rebekah Hagan — Vitae Foundation

(More speakers to be announced)

WE ARE CALLED TO PROTECT LIFE

www.midwestmarchforlife.com 417-344-7118

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you! Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember - if you don't tell us - we won't know!



If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.

<u>Homebound:</u> If you would like to minister to the homebound by visiting them and bringing them Communion, please contact S. Karen 507-514-3226.

Yoga Class on Tuesdays Offered at Holy Cross:

For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

"Heavenly Cleaner" Volunteers - Please Help:

Holy Cross has a group of volunteers called "Heavenly Cleaners" that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of internment.

Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please speak with Sister Karen to schedule. If you are planning a wedding,

please contact Father Tony. There is a preparation that needs to be done 6 months prior to the wedding.

Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or

clean up! Please consider this ministry of the church so we can provide for our grieving families.



Misa en español

CADA 1° Y 3° DOMINGO DEL MES. MASS IN SPANISH IS EVERY 1ST & 3RD **SUNDAY OF THE MONTH**

ASSISTIVE LISTENING **SYSTEMS AVAILABLE**

Remove from charging station.

The On button is on the top

Volume Control is on the front.

After Mass, wipe off unit and return to charging station.

Pope Francis Prayer Intention FEBRUARY

For vocations to the priesthood and religious life

"Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life."

CubaKofC Membership Invite:

The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Wayne Kuethe.



FEBRUARY 2025 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4) PROGRESSIVES ~ The Coverall Progressive is at \$1,250.00 with 3 hot balls and a consolation prize of \$300.00. The **Second Progressive** will play out and pay \$500.00, \$750.00 or \$1,000.00.

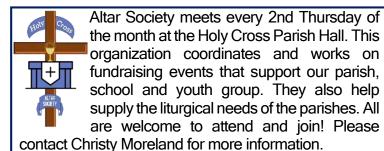
QUEEN OF HEARTS ~ Will be over \$7,000.

RAFFLE ~ Every week at Bingo - you take the prizes home that night!!!!

CANNED FOOD DRIVE ~ Free 3 on with every can or box of food.

MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.

Numbers are: 184090, 184160, 184178 and 184213.



HOLY CROSS CATHOLIC SCHOOL

Grades: Preschool (3 years old) – 2nd grade.

HC School is an accredited school with Missouri certified teachers. It offers a Diocesan-developed curriculum in a Christian private school setting. HC School offers Title 1 tutoring for qualifying students. HC school has small

class sizes and spacious classrooms.



facebook. Holy Cross School

Ways to Save for the Parishes:

- Turn in used **ink cartridges.** Given to Staples to recycle, the school receives \$2 for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3ϕ cents each.

Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.





Are you VIRTUS certified?

Do you have your background check completed? Have you signed the Code of Conduct?

If you are not sure, or answered "no" to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hccccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VRITUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.







Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must



acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is

disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the Attorney General's clergy abuse online form. All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit **QUILTING GROUP**

EVERY TUESDAY

9:00 A.M. - 12:00 P.M. AT ST. MICHAEL'S

Starting Tuesday, January 7th, from 9 a.m. to 12 p.m., the group will gather at the **Golden Echoes Center**

(401 N. Spring St., Steelville).

They will continue meeting there every Tuesday until St. Michael's Church renovations are complete.

All are welcome to join and help make quilts for those in need!

Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in

Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to

be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.

Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) "runs" the food bank and cooperates with the Life Line Pregnancy Center.



Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.

Crawford Country Mobile Food Market



3rd Thursday of each month Begins at 10:30 a.m. at the

Cuba Food Pantry

a me Always looking for volunteers! Call today to help!

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 11:30 p.m. **Steelville:** (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

Feed the Hungry:

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a "food basket" in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.

cccnmo.diojeffcity.org/counseling

Civilize it!

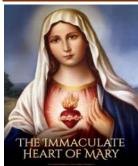
Our political discourse has become increasingly rancorous and bitter. The U.S. bishops began a campaign leading into the 2020 election to restore civility to our public and political discourse



called Civilize It: Dignity Beyond the Debate. The Missouri Catholic Conference highlighted the campaign last year with a special episode of MCC from the Capitol

with Archbishop Mitchell Rozanski. This year, the U.S. bishops are again challenging the faithful to answer Pope Francis' call to seek "a better kind of politics, one truly at the service of the common good." Civilize It: A Better Kind of Politics encourages people to commit to seeking the truth, building bridges, and finding solutions together that promote the common good. Individuals can sign the pledge, and sign up to receive additional materials, by visiting the USCCB Civilize It webpage. www.usccb.org/civilizeit

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus' pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and

feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who taught us to "love one another, as I have loved you" took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantel of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another.

V. We seek refuge under your protection, O Holy Mother of God.

R. Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.



joy of hearing from God each day!





"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God." Philippians 4:6



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a

few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

https://www.thegodminute.org/wix-podcast-player

Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



https://diojeffcity.org/womens-ministry/

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915

Please Listen to the Diocese of Jefferson City Podcast



Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen



Jones about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at https://diojeffcity.org/podcast/ or use the QR code above.

Propane Offer:

Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.69**. This



fixed rate will expire May 31, 2025. The only stipulations are: the delivery must be a

minimum of 250 gallons delivered at a time <u>and</u> customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word "Holy Cross".



Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world. Because of its timeless importance, the Church teachers that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.



Marriage Resources:

Marriage preparation - USCCB -

www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Marriage & Family Life -

www.archstl.org/marriage-family-life/ resources/sexuality

<u>Natural Family Planning</u> - www.diojeffcity.org/natural-family-planning-2/

<u>Pre-Marriage Inventory</u> © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.

www.foccusinc.com/foccus-inventory.aspx

<u>Prepare/Enrich</u> provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

Pre-Cana is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature. www.diojeffcity.org/marriage-preparation/pre-cana-registration/





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